

SPHERE Research Day 2026

Full Conference Pack

Southwest Pre-Hospital Emergency Research & Evaluation

Conference Overview

SPHERE (Southwest Pre-Hospital Emergency Research & Evaluation) is a regional collaborative established to support high quality, collaborative prehospital critical care research across the South West of England.

Aims of SPHERE

SPHERE aims to develop meaningful regional collaboration, support multicentre studies, improve access to research opportunities, encourage shared learning and identify important unanswered operational and clinical questions in prehospital critical care.

Why This Conference?

The SPHERE Research Day has been created to bring together people with an interest in prehospital and critical care research from across the region. Rather than a traditional academic conference, the day is designed around collaboration, practical discussion, shared thinking and future-facing research questions.

Who Is It Open To?

The meeting is open to doctors, paramedics, nurses, allied healthcare professionals, researchers, academics, students, trainees, operational leaders and anyone with an interest in prehospital emergency medicine and prehospital critical care research.

Conference Theme

“The Art of the Possible” — collaborative research, innovation and collective thinking to shape the future of prehospital critical care.

Flagship Session

“The Next Questions: What Should We Be Asking?” — a collaborative discussion exploring the emerging clinical, operational and physiological questions that may shape the future of prehospital and critical care research.

Conference Programme

Time	Session
09:30	Registration, Coffee & Networking
10:00	Welcome to SPHERE
10:10	The Art of the Possible Exploring what can be achieved through regional collaboration, ambitious thinking and collective effort.
10:30	James Plumb — Building Prehospital RCTs
10:50	Nigel Lang — IMPACT (TBC)
11:10	Phil Hyde — PRANA & Collaborative Data
11:30	Coffee Break
11:50	The Next Questions: What Should We Be Asking? A collaborative discussion exploring the emerging clinical, operational and physiological questions that may shape the future of prehospital and critical care research.
13:00	Lunch & Networking
14:00	Service Research Showcase
14:45	Current & Proposed Research Projects
15:20	Interactive Stakeholder Round Table
15:45	Building the Future of SPHERE Collaborative discussion focused on future priorities, multicentre research opportunities and the development of a sustainable regional research network.
15:50	Closing Remarks
16:00	Finish